

*ORIENTAL MEDICINE SCHOOL HAI THUONG*

## **An effective remedy for Covid-19 has been found.**

The Hai-Thuong School of Oriental Medicine would like to inform you that, for the past two and a half years, we have been able to treat Covid-19 in the Rhone-Alpes region of France with efficacy using an Oriental Medicine herbal formula. This formula, which was also shared with fellow therapists in the region, has enabled us all to achieve good results in the treatment of Covid-19. In this region, people suffering from this disease are now aware of the existence of this formula and know that they can be treated with serenity. In Vietnam, since September 2021, we have successfully treated more than one thousand people with Covid-19 in Saigon using this formula without any setback.

By observing the efficacy in all these cases, we could acknowledge undeniably how this formula has powerful and rapid natural antiviral, antibacterial and anti-inflammatory effects on the chest, neck and head area, the main factor that can neutralize Covid-19.

**An effective remedy for Sars-Cov2 Coronavirus has been found and with this natural product, we may say that Covid-19 has become an ordinary disease. When it manifests, we can stop its development quickly and relatively easily. There is no reason why, with time, it should remain as a pandemic such as the one, which has already killed more than 6 million people in the world over the last three years.**

- *The 22 plants formula*

*Radix Rehmanniae Praeparatae* - 熟地黄 - **Shu Di Huang / 80 gr.**

*Radix Ophiopogonis* - 麥門冬 - **Mai Men Dong / 24 gr.**

*Rhizoma Dioscoreae* - 淮山 - **Shan Yao / 24 gr.**

*Fructus Lycii chinense* - 枸杞子 - **Gou Qi Zi / 24gr**

*Poria Cocos* - 茯苓 - **Fu Ling / 12 gr.**

*Radix Angelicae Sinensis* - 當歸 - **Dang Gui / 12 gr.**

*Radix Achyranthis bidentatae* - 淮牛膝 - **Huai Niui Xi / 12 gr.**

*Ramulus Cinnamomi* - 桂枝 - **Gui Zhi / 12 gr.**

*Radix Codonopsis* - 党参 - **Dang Shen / 12 gr.**

*Colla Corii Asini* - 阿膠 - **E Jiao\* / 12 gr.**

*Rhizoma Atractylodis macrocephalae* - 白朮 - **Bai Zhu / 12 gr.**

*Pericarpium Citri reticulatae* - 陈皮 - **Chen Pi / 8 gr.**

*Rhizoma Zingiberis* - 乾薑 - **Gan Jiang / 8 gr.**

*Radix Bupleuri* - 柴胡 - **Chai Hu / 8 gr.**

*Rhizoma Acori graminei* - 石菖蒲 - **Shi Chang Pu / 5 gr.**

*Semen Sinapis albae* - 白芥子 - **Bai Jie Zi / 5 gr.**

*Fructus Schisandrae* - 五味子 - **Wu Wei Zi / 6 gr.**

*Radix Glycyrrhizae Praeparatae* - 炙甘草 - **Zhi Gan Cao / 6 gr.**

*Radix Asteris Tatarici* - 紫菀 - **Zi Wan / 4 gr.**

*Radix Platycodi* - 桔梗 - **Jie Geng / 4gr.**

*Cortex Radicis Mori Albae* - 桑白皮 - **Sang Bai Pi / 4 gr.**

*Schizonepeta Tenuifolia* - 荊芥 - **Jing Jiè / 4 gr.**

All these ingredients are ground and reduced into a fine powder.

A normal treatment lasts 6 days, taking 10 gr/day as a hot herbal tea.

Preparation of the herbal tea decoction:

10 gr powder (equivalent to 1 full teaspoon) + 5 gr fresh ginger cut into thin slices + 22 cl. water + 2 teaspoons honey\* + 1 teaspoon lemon juice.

Boil all ingredients for 5 minutes. Filter with a strainer and drink while hot.

This preparation can be beneficial for seasonal flu, colds and angina.

It can be taken by children (dividing the quantity according to weight / comparing to an adult of 70 kg) .

This decoction is compatible with all current medications (for example for diabetes, anticoagulants, hypertension) and they should not be interrupted. There is also no contradiction in case of pregnancy.

\*We can use bovine hide gelatin instead of donkey with the same result.

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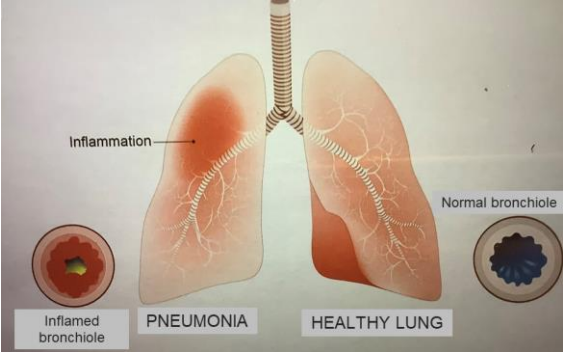
[www.ecole-medecine-orientale.com](http://www.ecole-medecine-orientale.com)

[ecole.medecine.orientale@gmail.com](mailto:ecole.medecine.orientale@gmail.com)

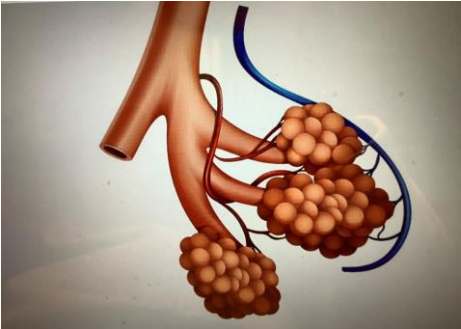
The formula can be purchased at: [neonguyen124@gmail.com](mailto:neonguyen124@gmail.com)

# How I was able to treat COVID-19 with very good results

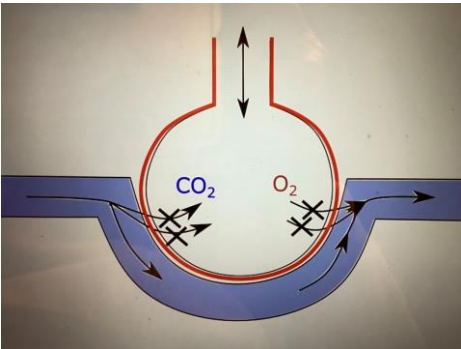
- *The mechanism of Covid-19*



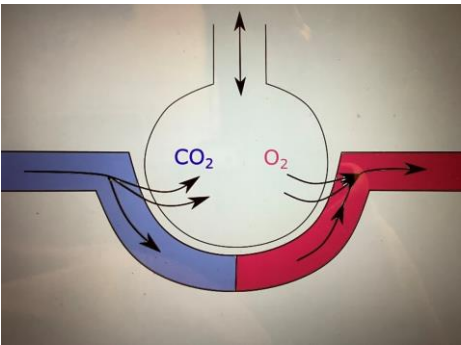
Pneumonia with inflamed and normal bronchioles (freepik image)



Alveoli (freepik image)



Contaminated alveoli with blocked CO2/O2 gas exchange



Healthy alveoli – Normal CO2/O2 gas exchange

This Sars-Cov2 coronavirus affects our organism mainly in the lungs, causing a very important inflammation there, which can worsen towards respiratory distress and a quick death. The viral infection causes a rather high fever: 39°, 40°C or more. In the infected area, the bronchioles are inflamed, making breathing difficult. The pulmonary alveoli are also affected and the O<sub>2</sub>/CO<sub>2</sub> gas exchange functions with difficulty. The patient feels unusually tired. In severe cases, the oxygen level in the blood is very low, leading to general exhaustion. This is the critical moment when death can occur. All of these symptoms suggest severe pneumonia.

The patients who survive owe it to their immune defences that still preserve the uncontaminated areas in the lungs, where the O<sub>2</sub>/CO<sub>2</sub> gas exchange still functions. It is also thanks to the provision of oxygen or the use of ventilators, which maintain adequate oxygen levels until the lungs recover normal functioning.

Usually, most cases of pneumonia are bacterial in origin and respond well to treatment with antibiotics. In Covid-19 pneumonia, often both lungs are completely contaminated and antibiotic treatment is ineffective...

Due to the lack of effective antiviral treatments, this coronavirus has caused more than 6 million deaths worldwide.

With vaccination, there has been some decline in severe cases and mortality from the virus. Nevertheless, Covid-19 variants continue to kill. In Hong Kong, for example, in the beginning of April 2022, an average of 200 Covid deaths were recorded per day. In France, on July 2, 2022, 130,000 cases of infection were recorded in just 24 hours. There is now an outbreak of Covid in China, after the lifting of the "Zero Covid" policy, and 11000 deaths per day (according to RTL on 06/01/2023).

These plants are from the traditional oriental herbal medicine and, thanks to them, we have treated Covid-19 with convincing results.

Indeed, this composition of plants, strengthening the overall Yin energy, creates an extraordinary effect in the infected areas of the lungs: a rapid clearing of the bronchioles and inflammatory alveoli, making the functioning of gas exchange possible again and restoring a correct oxygen level in the blood. The patient can breathe easily again and feels much less tired. The danger of death by aggravation and respiratory distress is avoided. This wonderful improvement can be explained with the Yin Yang theory.

- *The movements of Yin and Yang in nature*

- Yang: fire, heat, expansion, mobility, rising.

- Yin: water, coolness, concentration, immobility, descent.

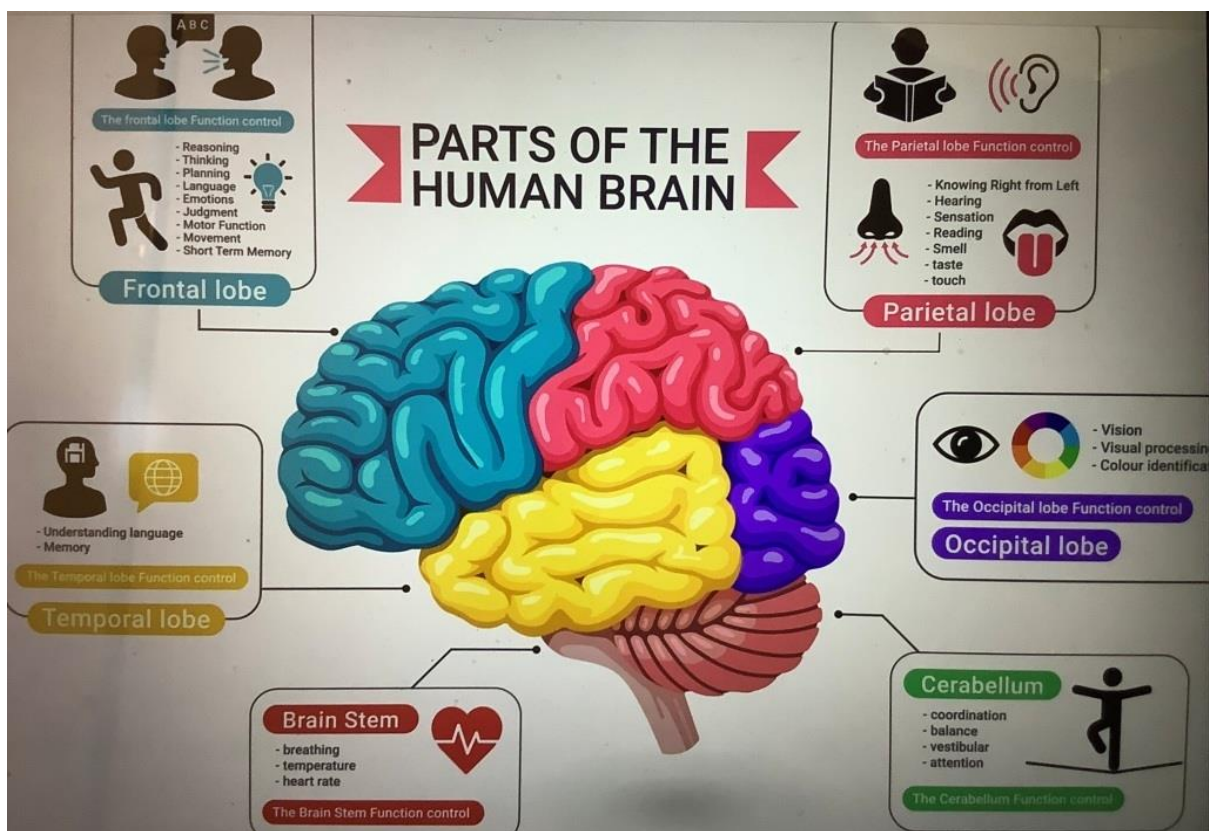
- *Why there is fever in patients with Covid-19*

Sars-Cov2 Coronavirus infection creates an excess of Yang in the human body with a rise in temperature, up to 38-40°C or more. This fever is a reaction of our body to defend itself against the virus. The decoction of Yin tonifying plants acts like a heavy rainfall on a very hot and dry summer day, and thus lowers the temperature. It moderates the Yang reaction and avoids the harm caused by an excess of Yang (fire, heat, inflammation).

- *How severe fatigue is cured*

As soon as the fever drops, the Yin factor, the fresh quality of our decoction, is able to penetrate the inflammatory areas. The excess of Yang at the origin of the inflammation is thus quickly neutralized. The swelling is reduced and the situation quickly comes back to normal. The lungs can function again and the patient can breathe more easily and feel less tired. The danger of aggravation towards respiratory distress and death is avoided.

- *Causes of headaches, loss of taste and smell, slurred speech, mental confusion...*



Different parts of the brain and their functions (freepik image)

Due to Coronavirus Sars-Cov2, excessive Yang has risen to the upper part of the patient's body, causing very severe headaches. The entire brain is affected by this excess of Yang. The two lobes, frontal and parietal, located higher in the brain have suffered and this is why the patient has multiple problems: loss of recent memory, loss of balance in movements, slurred speech, loss of the sense of taste and of smell...

The Yin factor in our decoction quickly brings down this excess of Yang in the upper part of the body. The pressure falls, the headaches lessen. The Yin Yang balance is restored in the brain and it returns to a normal condition. The patient regains the sense of taste and of smell, speech and correct movements.

- *How we treat "long covid"*

In our practice in Lyon, we also treat "long covid" and its typical symptoms, such as permanent fatigue, lack of physical and mental strength... Although the patient has already recovered from Covid for more than a year, he is unable to return to work. He also suffers from memory loss, difficult speech and tremors in the limbs... All this reflects an exhaustion of both Yin and Yang energy in the patient's body. Our remedy consists of Yin-strengthening and Yang-strengthening herbs, as well as stimulants for the digestive tract, so as to enable the patient to regain a good appetite, to eat again and to have a restful sleep. Thus, he can regain strength. At this point, new blood circulates throughout the body, the brain is better nourished, and the nerve cells regain strength and function. Once memory is restored and neurological problems are improved, the patient's health returns to normal. The treatment of "long covid" with our remedy takes on average between 3 to 5 weeks.

- *The origin of the Covid-19 remedy*

Twenty years ago, I had a severe case of pneumonia with high temperature, much difficulty breathing and, above all, a great and unusual fatigue, such that I barely had enough strength to breathe. I felt the danger of imminent death and, for my own salvation, I composed this formula which quickly cured me.

Since then, with this formula of the 22 Yin strengthening plants, I have cured all kinds of pneumonia whatever their origin, bacterial or viral, with great success, especially against Covid-19 and its Delta, Omicron variants...

I am publishing this treatment of Covid-19 in memory of Zen Master Thich Nhat Hanh (1926-2022). At the beginning of the "Hai Thuong School of Oriental Medicine" in Germany, he told me: "We are refugees who have received a lot of help from the countries which hosted us. We must do some concrete things to respond to these beautiful human deeds."

Mindfulness, his wonderful and exceptional teaching, are now widely recognized in this century. Mindfulness is practiced everywhere as a doorway to reality and happiness. Many of his students practice and live this mindfulness, and thus discover their own happiness throughout their daily life. In my case, this wisdom gives me an accurate vision of the world and nature around me, and it allows me to go deeper in my medical research.

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